



FOR IMMEDIATE RELEASE

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**CELEBRATED AMERICANA ARTIST MUHAMMAD SEVEN ANNOUNCES
NEW ALBUM, NEW PODCAST AND THE RELEASE OF DEBUT SINGLE
BABY I AIN'T FROM NOWHERE ON AUGUST 25**

“Equals parts dogged and delicate.” - Victoria Wasylak, Vanyaland.

**“Resplendently crafted and elegantly simple...undertones of struggle and
adversity are buoyed by notions of hope.”
- Andy Kaufmann, Music Connection**

Boston, MA (via Seneca Falls, NY) - Live Arts Boston award winner Muhammad Seven and his band The Spring have announced the August release of the first single from his highly anticipated new album, *Temples Out Of Joy* (Studio In A Bowl Records). *Temples Out Of Joy* is the follow up to the band's self-titled 2019 debut, which got accolades from Vanyaland, DigBoston, The Harvard Gazette, Red Line Roots, The JP Gazette, The Dorchester Reporter and the Radio 8Ball Podcast ([links here](#)).

After receiving a [Live Arts Boston](#) grant in the midst of the pandemic in 2021, Muhammad Seven got the news that his father had died in his home country of Iran, stuck there for 18 months after the airlines shut down while on a short family visit. Thus, after spending three years working to record the band's next album, *Temples Out Of Joy* took on a new hue.

M7's debut album had wrestled with notions of class struggle, dignity and the meaning of home. During the pandemic, M7 & The Spring worked with the teen choir of the Boston City Singers to make a video that featured 27 artists all singing remotely from their homes in lock-down, condemning racist police violence in the United States - a song written by M7 titled "[In The Name of Amadou Diallo](#)".

Having accumulated more than three album's worth of new songs since the release of his debut, M7 and producer [Colin Lester Fleming](#) combed through his notebooks to make a new collection that explored hope, honesty and the many faces of love. The tracks also embraced his life as a [blue collar worker and union leader](#) on the grounds crew of the Arnold Arboretum of Harvard University. In March 2022, M7 spent a week living with a collection of band mates past and present at [Great North Sound](#) recording studio, an old farmhouse-turned-studio in southern Maine, and on August 25 2023 he'll release the debut single, "*Baby I Ain't From Nowhere*" ([click here](#) for unreleased Soundcloud Link. Wide release 8/25/23)

“*Baby I Ain’t From Nowhere*” features gorgeous organ work from Great North Sound studio owner **Sam Kassirer** and harmony vocals from Kelly Jo Reed, and is M7’s most personal song to date. It is both a love song written for his wife, chronicling their 25 year relationship and the birth of their son, but it also asks the question “if you have no home town, where are you actually from?” The droning organ holds an almost spiritual space for M7’s raw vocal poetry and KJR’s beautiful harmonic palette. The album features band co-founder Patrick Mussari on lead guitar in addition to **a list of incredibly talented musicians**.

A year after the death of his father, M7 and his wife and son left Boston (their home of 25 years) for central New York, where his father Dariush had lived. Given M7’s decade long struggle with chronic illness (which he wrote about in the song “Welcome Every Breath”, 2019) the move to a smaller town with a slower pace opened up opportunities for healing and more time for his career as an artist.

On August 1, 2023 M7 released the first episode of his new song writing podcast ***We Flew Off The Page***, where each episode M7 interviews a great songwriter, talks craft and dives deep into two of their songs. The first episode features indie darling Mirah and subsequent episodes will feature Boston’s own Moe Pope of STL GLD, Peter Mulvey, Chris Sand and Austin MacRae. The podcast goes hand in hand with M7’s work teaching songwriting at his local library and in private lessons.

For press information about Muhammad Seven & the Spring, please contact Nima Samimi at nimasamimi@gmail.com (617) 780-7688

Muhammad Seven & the Spring ~ 2023 Shows

August 8 – Ithaca, NY – The Downstairs
August 27 - Geneva, NY - Big Alice Brewing
September 16 - Romulus NY - Knapp Winery
September 30 - Hector NY - Bagley’s Poplar Ridge Vineyards
November 23 - Burdett NY - Two Goats Brewing

Stay up to date on more dates and announcements by following Muhammad Seven on Instagram [@muhammadseven](https://www.instagram.com/muhammadseven) or visiting <https://www.muhammadseven.com/>

For M7's online EPK visit <https://www.muhammadseven.com/epk>